Cover Crops, Cattle, and Cash Flow



Here's My Operation



800 acres

63 Cow/Calf pairs

Custom Graze another 150 Cow/Calf pairs

Cover crop seed

Trucking Company

How I Got Started Farming



SW Missouri Soils





A little more background

Started no-tilling in 2012. Started with soybeans

My first cover crop was in 2013 in a prevent plant situation.

First no-till corn in 2016



2016 No-till Corn

Not very good corn.



Well Crap, I Think I'm Stuck



I had to CHANGE



I Focus on Principles and Not Practices or Products

<u>Context</u>

Minimize Disturbance

Living root as long as possible

Keep The Soil Covered

Diversity

Animal and insect integration



I Was Committed 100% by Fall 2016

Double crop soybeans gone Every acre was covered Stretched my rotation Adjusted planting dates Changed maturities Created a farm budget Diversified my cash crops Started building fence I became intentional Cattle moved daily



Research done by University of Minnesota Extension

Operation	No-till	Vertical-till or field cultivation	Chisel plow plus field cultivation	Strip-till
Planter (tillage- specific)	\$20.15 per acre	\$19.90 per acre	\$19.90 per acre	\$20.15 per acre
Primary tillage	\$0 per acre	\$14.05 per acre	\$16.45 per acre	\$17.15 per acre
Secondary tillage	\$0 per acre	\$0 per acre	\$14.05 per acre	\$0 per acre
Combine	\$34.75 per acre	\$34.75 per acre	\$34.75 per acre	\$34.75 per acre
Total cost	\$54.90	\$68.70	\$85.15	\$72.05
Number of passes	2 passes	3 passes	4 passes	3 passes

Fall Tillage











Worms!





Worm Casting

26% Carbon

1.9% Nitrogen

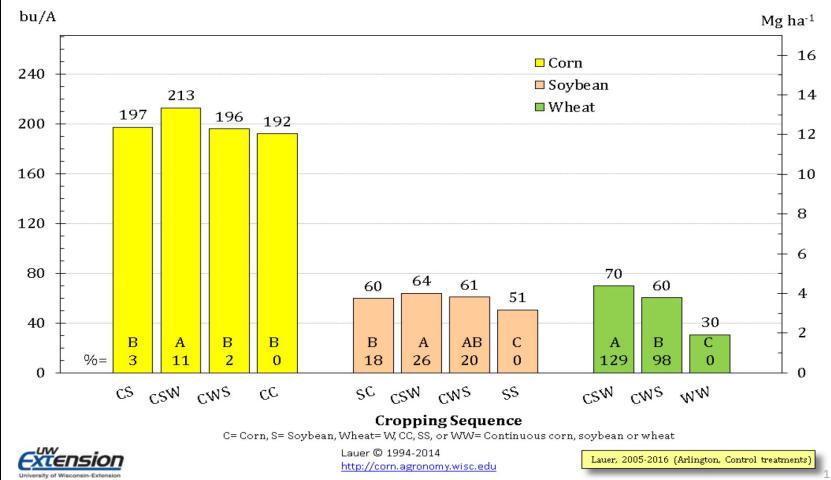
1.4% Potassium

1.6% Phosphorus

3.7% Calcium

10 Year study done by Professor Joe Lauer

Extending crop rotation improves grain yield of all crops, however, sequence seems important.



Plant Diversity Three and Four year Rotations

Cash Crops Non GMO Corn Grain Sorghum NON GMO Soybean Korean Lespedeza Sunflower**

Soft Red Winter Wheat Winter Barley Spring Oats Lupines*

Cover Crops

Rye Barley Black Oats Winter Oats Lupines Radish Turnips Kale Rapeseed Collards Crimson Clover Balansa Hairy Vetch Winter Peas

Sorghum Sudan Pearl Millet Guar Cowpeas Sunn Hemp German Millet Goards Pumpkins Sunflowers Safflower **Buckwheat**

Understand your Resource Concerns

Nitrogen fixation Scavenging of nutrients Surface compaction Nutrient cycling Grazing **Erosion reduction Increase Soil Organic Matter** Weed suppression Winter stock piling



Cover Crops NPK Savings

I've reduced my NPK by 80%

- Carbonic acid
- Root exudates
- Mycorrhiza Fungi
- Scavenging leftover nutrients
- Rhizobia bacteria on legumes
- Residue decomposition

LET THE COVERS GROW!



Biomass=Armored Soil





2022 Milo

Very Drought Tolerant

Cheaper Seed Cost over Corn

Lower Phosphorus needs

300% higher yield in 2022 over corn



Nature is Powerful!



Haney Test Results

- Soil PH 6.8
- Organic Matter 3.9
- %Mac 203
- Available N 47lbs
- Available P 11lbs
- Available K 18lbs
- SOIL HEALTH SCORE 25



Hay Prairie Field

Nutrient Value Units Nutrient

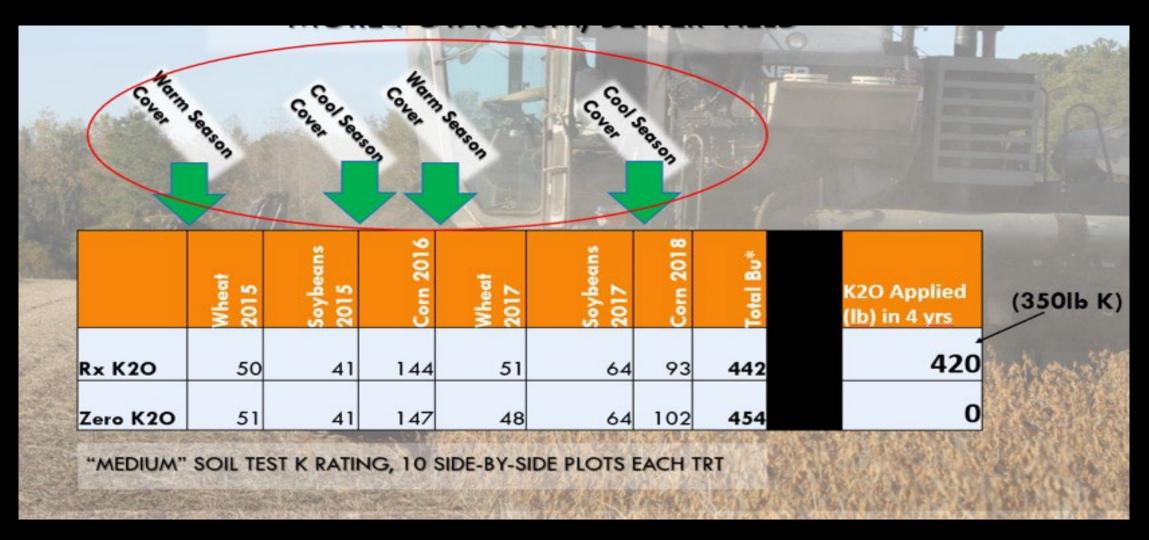
- 0.86 % N Nitrogen 0.07 % P Phosphorus 0.53 % K Potassium 0.87 % Ca Calcium 0.15 % Mg Magnesium 0.09 % S Sulfur 0 % Na Sodium 20.9 ppm Zn Zinc 100 ppm Fe Iron 23.9 ppm Mn Manganese 4.2 ppm Cu Copper 6.3 ppm B Boron
- Nitrogen Deficient
- Phosphorus Deficient
- Potassium Deficient
- Calcium High
- Magnesium Deficient
- Sulfur Deficient

Every Micronutrient was sufficient Except Manganese

Same Tonnage of Hay Since 1934



How Much Fertilizer Do We Really Need?



Slide: From Dr. Buz Kloot

No Such Things as Weeds

Results For MACAULEY KINCAID Location : FOXTAIL Sample ID :		Results For MACAULEY KINCAID Location : JOHNSON GRASS Sample ID :		Results For MACAULEY KINCAID Location : PIGWEED Sample ID :		Results For MACAULEY KINCAID Location : NUTSEDGE Sample ID :	
Plant Type : No Type Stage : No Stage		Plant Type:No Type Stage:No Stage		Plant Type:No Type Stage:No Stage		Plant Type : No Type Stage : No Stage	Result
	Result Dry Basis		Result		Result		Dry Basis
			Dry Basis		Dry Basis	Total Carbon,% C	40.50
Total Carbon,% C	40.85	Total Carbon,% C	42.68	Total Carbon,% C	37.06	Nitrogen,% N	1.51
Nitrogen,% N	1.49	Nitrogen,% N	1.27	Nitrogen,% N	2.15	Phosphorus, % P	0.470
Phosphorus, % P	0.492	Phosphorus, % P	0.261	Phosphorus, % P	0.705	Potassium, % K	2.62
Potassium, % K	2.79	Potassium, % K	1.81	Potassium, % K	5.42	Calcium, % Ca	0.642
Calcium, % Ca	0.504	Calcium, % Ca	0.575	Calcium, % Ca	2.144	Magnesium, % Mg	0.271
Magnesium, % Mg	0.288	Magnesium, % Mg	0.242	Magnesium, % Mg	1.189	Sulfur, % S	0.207
Sulfur, % S	0.150	Sulfur, % S		Sulfur, % S	0.411	Zinc, ppm Zn	35
Zinc, ppm Zn	57	Zinc, ppm Zn		Zinc, ppm Zn	42	Iron, ppm Fe	155 398
Iron, ppm Fe	80	Iron, ppm Fe		Iron, ppm Fe	169	Manganese, ppm Mn Copper, ppm Cu	16.0
Manganese, ppm Mn	59	Manganese, ppm Mn		Manganese, ppm Mn	139	Boron, ppm B	11.5
Copper, ppm Cu	9.8	Copper, ppm Cu		Copper, ppm Cu	6.9	Molybdenum, ppm Mo	11.12
Boron, ppm B	6.6	Boron, ppm B	6.4	Boron, ppm B	35.8		
Molybdenum, ppm Mo	1.05	Molybdenum, ppm Mo		Molybdenum, ppm Mo	6.21		

\$140 Land payment \$10 Property Tax \$15 Miscellaneous expenses

\$20 Crop Insurance
\$0 Cover crop
\$0 NPK
\$22 Soybean seed
\$20 Planted Green into Johnsongrass, Pigweed, Foxtail, and more
\$25 Herbicide
\$35 Combing and hauling

\$287 Soybean Cost per acre of productionNon GMO Soybeans yielded 45 bushel to the acreNon GMO Soybeans \$11

Net Income \$208 an acre



2021 Erin Silva Method Minimizing Disturbance





2021 Soybeans 74 Acres

\$0 Land payment
\$10 Property Tax
\$15 Miscellaneous expenses
\$20 Crop Insurance
\$32 cover crop mix sown on Nov. 5th
(80lbs Elbon Rye, 10lbs Secretariat Barley)
\$8 Broadcast cover
\$0 NPK
\$18 Non Gmo Soybeans
\$20 Planting Green
\$8 Roller Crimper
\$18 Herbicide(Includes Application)
\$35 Combing and hauling

\$184 Soybean Cost of Production

Soybeans yielded 74.2 bushel to the acre

Non Gmo Soybean Market \$14.63 a bushel

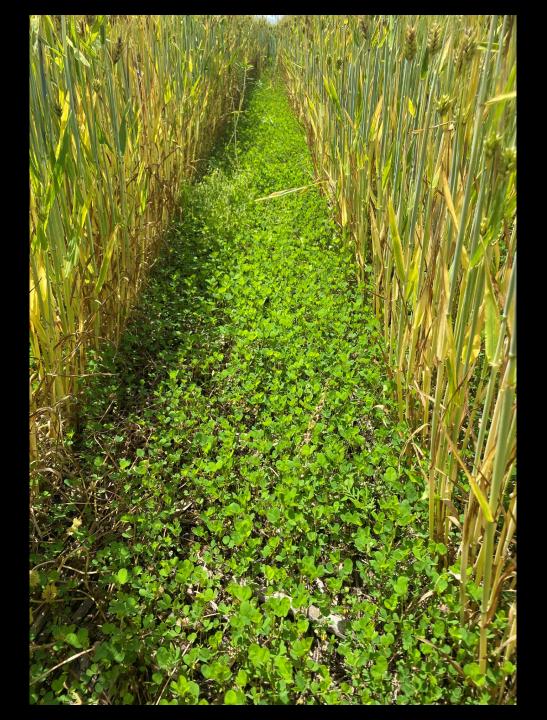
Net income \$901.55 an acre

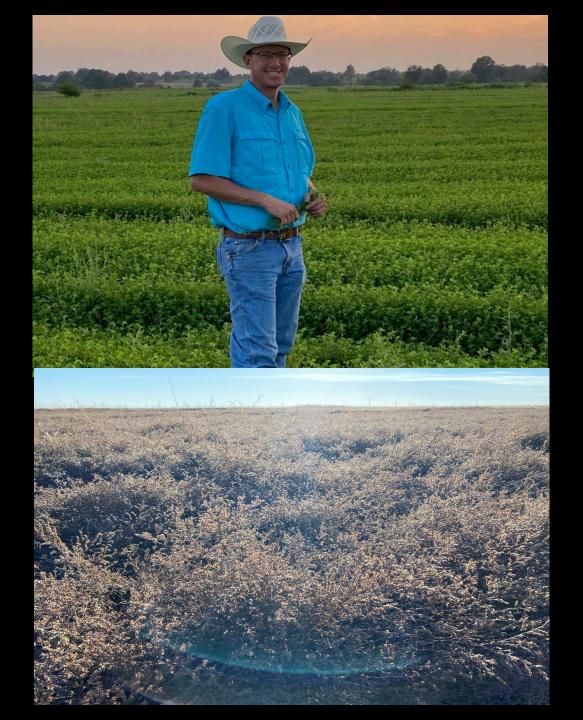


My Favorite Cover Crops

Annual Ryegrass Rye Barley Oats Vetch Collards Phacilia Sorghum Sudangrass Sunflowers Cow peas Pumpkins







I'm Essentially Raising Giant Food Plots



AMP Grazing



Do we need to feed hay for 6 months?



Nasty and Inefficient



Smarter not Harder



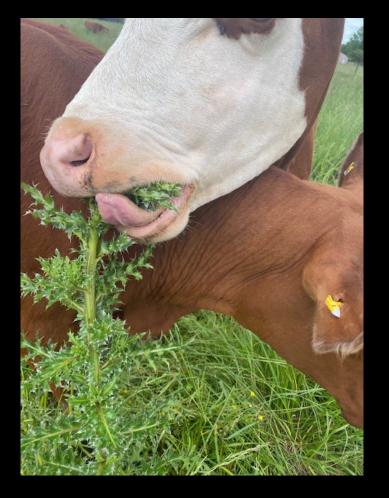
Cows have four legs! So far this Winter we have only fed 4 bales.







High Stock Density Grazing!





No Mineral, No Feed, No Insecticides

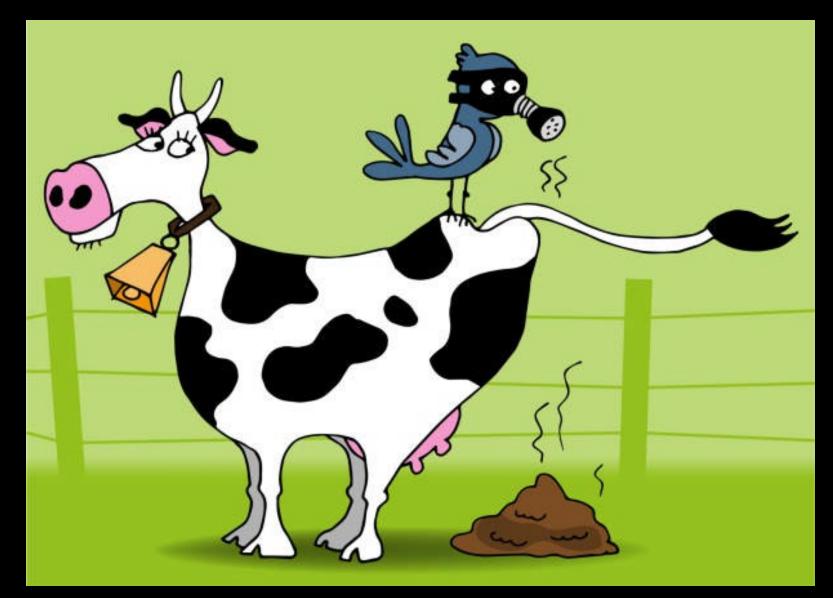




Diversity!



Turning Covers into Cash



2019 Cattle and Row Crop Land



Fungal to Bacterial Near 1:1







How I Custom Graze

I graze other producers cattle

They supply mineral

Charge a \$1 per animal unit per day (Calf, Cow) \$2 per bull

74 head for 93 days on 59 acres = \$6882(\$116.64)

That's another \$100 an acre!

ALWAYS HAVE A CONTRACT!



	Water holding percentage			
	Corn		Soybeans	
	Cover Crop	No till	Cover Crop	No till
Original weight (g)	1114	1030	1204	. 1053
After heat weight (g)	912	898	951	. 899
% Water	18.13%	12.82%	21.01%	14.62%
% increase	41%		44%	,



Credit: Austin Campbell

2020 98a Corn Field





\$140 Land payment
\$10 Property Tax
\$15 Miscellaneous expenses
\$15 Crop Insurance
\$18 cover crop mix sown on Oct. 4th
(Phacilia, Annual Ryegrass, Cereal Rye, Barley, Balansa, Crimson, Hairy Vetch, Winter Peas, and Rapeseed)
\$15 Drilling cover
\$35 Litter
\$24 80 units of Nitrogen
\$15 Application cost of N
\$39 Non Gmo Corn
\$20 Planting Green
\$18 Herbicide(Includes Application)
\$35 Combing and hauling

\$399 Corn Cost of Production

Corn Hybrid yielded 160 bushel to the acre

Non Gmo Corn Market \$5 a bushel

Net income \$401 an acre



New for 2023



The First True Regenerative Product Bloody Butcher Corn \$4 Over Chicago per Bushel TDN 88-91 Protien 8-14%







Which System is Better for the Environment?



Soils Are Less Than 5ft Apart



Thank you! PN: 417-660-9207 Facebook: Macauley Kincaid

