Cover Crops, Cattle, and Cash Flow

## Here's My Operation

## Missouri



800 acres
63 Cow/Calf pairs
Custom Graze another 150 Cow/Calf pairs

Cover crop seed
Trucking Company

## How I Got Started Farming



## SW Missouri Soils



## A little more background

Started no-tilling in 2012. Started with soybeans

My first cover crop was in 2013 in a prevent plant situation.

First no-till corn in 2016


## 2016 No-till Corn

## Not very good corn.



## Well Crap, I Think I'm Stuck



I Focus on Principles and Not Practices or Products

## Context

Minimize Disturbance
Living root as long as possible Keep The Soil Covered
Diversity
Animal and insect integration


## I Was Committed 100\% by Fall 2016

Double crop soybeans gone Every acre was covered Stretched my rotation Adjusted planting dates Changed maturities Created a farm budget Diversified my cash crops Started building fence I became intentional Cattle moved daily


# Research done by University of Minnesota Extension 

| Operation | No-till | Vertical-till or field cultivation | Chisel plow plus field cultivation | Strip-till |
| :---: | :---: | :---: | :---: | :---: |
| Planter (tillagespecific) | \$20.15 per acre | \$19.90 per acre | \$19.90 per acre | \$20.15 per acre |
| Primary tillage | \$0 per acre | \$14.05 per acre | \$16.45 per acre | \$17.15 per acre |
| Secondary tillage | \$0 per acre | \$0 per acre | \$14.05 per acre | \$0 per acre |
| Combine | \$34.75 per acre | \$34.75 per acre | \$34.75 per acre | \$34.75 per acre |
| Total cost | \$54.90 | \$68.70 | \$85.15 | \$72.05 |
| Number of passes | 2 passes | 3 passes | 4 passes | 3 passes |

## Fall Tillage





## Worms!




# Worm Casting 

## 26\% Carbon

1.9\% Nitrogen

1.4\% Potassium

1.6\% Phosphorus
3.7\% Calcium

## 10 Year study done by Professor Joe Lauer

Extending crop rotation improves grain yield of all crops, however, sequence seems important.


C= Corn, $\mathrm{S}=$ Soybean, Wheat $=\mathrm{W}, \mathrm{CC}, \mathrm{SS}$, or $\mathrm{WW}=$ Continuous corn, soybean or wheat

## Plant Diversity Three and Four year Rotations

Cash Crops<br>Non GMO Corn<br>Grain Sorghum<br>NON GMO Soybean<br>Korean Lespedeza<br>Sunflower**<br>Soft Red Winter Wheat<br>Winter Barley<br>Spring Oats<br>Lupines*

## Cover Crops

| Rye | Sorghum Sudan |
| :--- | :--- |
| Barley | Pearl Millet |
| Black Oats | Guar |
| Winter Oats | Cowpeas |
| Lupines | Sunn Hemp |
| Radish | German Millet |
| Turnips | Goards |
| Kale | Pumpkins |
| Rapeseed | Sunflowers |
| Collards | Safflower |
| Crimson Clover | Buckwheat |
| Balansa |  |
| Hairy Vetch |  |
| Winter Peas |  |

## Understand your Resource Concerns

Nitrogen fixation
Scavenging of nutrients
Surface compaction
Nutrient cycling Grazing
Erosion reduction
Increase Soil Organic Matter
Weed suppression
Winter stock piling


## Cover Crops NPK Savings

I've reduced my NPK by 80\%

- Carbonic acid
- Root exudates
- Mycorrhiza Fungi
- Scavenging leftover nutrients
- Rhizobia bacteria on legumes
- Residue decomposition

LET THE COVERS GROW!


## Biomass=Armored Soil



## 2022 Milo

## Very Drought Tolerant

Cheaper Seed Cost over Corn

Lower Phosphorus needs

300\% higher yield in 2022
over corn


Nature is Powerful!


## Haney Test Results

- Soil PH 6.8
- Organic Matter 3.9
- \%Mac 203
- Available N 47lbs
- Available P 11lbs
- Available K 18lbs
- SOIL HEALTH SCORE 25



## Hay Prairie Field

- Nutrient Value Units Nutrient
- 0.86 \% N Nitrogen 0.07 \% P Phosphorus 0.53 \% K Potassium 0.87 \% Ca Calcium 0.15 \% Mg Magnesium 0.09 \% S Sulfur 0 \% Na Sodium 20.9 ppm Zn Zinc 100 ppm Fe Iron 23.9 ppm Mn Manganese 4.2 ppm Cu Copper 6.3 ppm B Boron
- Nitrogen Deficient
- Phosphorus Deficient
- Potassium Deficient
- Calcium High

Every Micronutrient was sufficient
Except Manganese

- Magnesium Deficient
- Sulfur Deficient


## Same Tonnage of Hay Since 1934



## How Much Fertilizer Do We Really Need?



Slide: From Dr. Buz Kloot

## No Such Things as Weeds

Results For MACAULEY KINCAID
Location : FOXTAIL
Sample ID :

Plant Type : No Type
Stage: No Stage

Results For MACAULEY KINCAID Location: JOHNSON GRASS
Sample ID :
Plant Type: No Type
Stage: No Stage
Stage : No Stage

## Result <br> Dry Basis

## Total Carbon, \% C

Nitrogen, \% N
Phosphorus, \% P
Potassium, \% K
Calcium, \% Ca
Magnesium, \% Mg
Sulfur, \% S
Zinc, ppm Zn
Iron, ppm Fe
Manganese, ppm Mn
Copper, ppm Cu
Boron, ppm B
Molybdenum, ppm Mo

| Result Dry Basis | Results For MACAULEY KINCAID <br> Location: JOHNSON GRASS <br> Sample ID : |
| :---: | :---: |
|  | Plant Type: No Type <br> Stage: No Stage |
|  |  |
| 40.85 | Total Carbon,\% C |
| 1.49 | Nitrogen, \% N |
| 0.492 | Phosphorus, \% P |
| 2.79 | Potassium, \% K |
| 0.504 | Calcium, \% Ca |
| 0.288 | Magnesium, \% Mg |
| 0.150 | Sulfur, \% S |
| 57 | Zinc, ppm Zn |
| 80 | Iron, ppm Fe |
| 59 | Manganese, ppm Mn |
| 9.8 | Copper, ppm Cu |
| 6.6 | Boron, ppm B |
| 1.05 | Molybdenum, ppm Mo |


| Result Dry Basis | ```Results For MACAULEY KINCAID Location: PIGWEED Sample ID :``` | Results For MACAULEY KINCAID <br> Location : NUTSEDGE <br> Sample ID : |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Plant Type : No Type <br> Stage: No Stage | Result Dry Basis | Plant Type: No Type Stage: No Stage |  |
|  |  |  |  | Result Dry Basis |
|  |  |  | Total Carbon, \% C | 40.50 |
| 42.68 | Total Carbon, \% C | 37.06 | Nitrogen, \% N | 1.51 |
| 1.27 | Nitrogen, \% N | 2.15 | Phosphorus, \% P | 0.470 |
| 0.261 | Phosphorus, \% P | 0.705 | Potassium, \% K | 2.62 |
| 1.81 | Potassium, \% K | 5.42 | Calcium, \% Ca | 0.642 |
| 0.575 | Calcium, \% Ca | 2.144 | Magnesium, \% Mg | 0.271 |
| 0.242 | Magnesium, $\% \mathrm{Mg}$ | 1.189 | Sulfur, \% S | 0.271 35 |
| 0.120 | Sulfur, \% S | 0.411 | Iron, ppm Fe | 155 |
| 101 | Zinc, ppm Zn | 42 | Manganese, ppm Mn | 398 |
| 72 | Iron, ppm Fe | 169 | Copper, ppm Cu | 16.0 |
| 23 | Manganese, ppm Mn | 139 | Boron, ppm B | 11.5 |
| 7.1 | Copper, ppm Cu | 6.9 | Molybdenum, ppm Mo | 11.12 |
| 6.4 | Boron, ppm B | 35.8 |  |  |
| 1.17 | Molybdenum, ppm Mo | 6.21 |  |  |

\$140 Land payment
\$10 Property Tax
\$15 Miscellaneous expenses
\$20 Crop Insurance
\$0 Cover crop
\$0 NPK
\$22 Soybean seed
\$20 Planted Green into Johnsongrass, Pigweed, Foxtail, and more \$25 Herbicide
\$35 Combing and hauling

## \$287 Soybean Cost per acre of production

Non GMO Soybeans yielded 45 bushel to the acre Non GMO Soybeans \$11

Net Income \$208 an acre


## 2021 Erin Silva Method Minimizing Disturbance



## 2021 Soybeans 74 Acres

\$0 Land payment
\$10 Property Tax
\$15 Miscellaneous expenses
\$20 Crop Insurance
\$32 cover crop mix sown on Nov. 5th
(80lbs Elbon Rye, 10lbs Secretariat Barley)
\$8 Broadcast cover
\$0 NPK
\$18 Non Gmo Soybeans
\$20 Planting Green
\$8 Roller Crimper
\$18 Herbicide(Includes Application)
\$35 Combing and hauling
\$184 Soybean Cost of Production
Soybeans yielded 74.2 bushel to the acre
Non Gmo Soybean Market \$14.63 a bushel
Net income \$901.55 an acre


## My Favorite Cover Crops

Annual Ryegrass Rye Barley Oats Vetch Collards Phacilia Sorghum Sudangrass
Sunflowers
Cow peas
Pumpkins



## I'm Essentially Raising Giant Food Plots



## AMP Grazing



Do we need to feed hay for 6 months?


## Nasty and Inefficient



## Smarter not Harder



# Cows have four legs! So far this Winter we have only fed 4 bales. 



High Stock Density Grazing!


## No Mineral, No Feed, No Insecticides



## Diversity!



## Turning Covers into Cash



## 2019 Cattle and Row Crop Land



## Fungal to Bacterial Near 1:1



## How I Custom Graze

I graze other producers cattle

They supply mineral

Charge a \$1 per animal unit per day (Calf, Cow) \$2 per bull

74 head for 93 days on 59 acres $=\$ 6882(\$ 116.64$

That's another \$100 an acre!

ALWAYS HAVE A CONTRACT!


|  | Water holding percentage |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Corn |  | Soybeans |  |
|  | Cover Crop | No till | Cover Crop | No till |
| Original weight (g) | 1114 | 1030 | 1204 | 1053 |
| After heat weight (g) | 912 | 898 | 951 | 899 |
| \% Water | 18.13\% | 12.82\% | 21.01\% | 14.62\% |
| \% increase | 41\% |  | 44\% |  |



Credit: Austin Campbell

## 2020 98a Corn Field


\$140 Land payment
\$10 Property Tax
\$15 Miscellaneous expenses
\$15 Crop Insurance
\$18 cover crop mix sown on Oct. 4th
(Phacilia, Annual Ryegrass, Cereal Rye, Barley, Balansa, Crimson, Hairy Vetch, Winter Peas, and Rapeseed) \$15 Drilling cover
\$35 Litter
$\$ 2480$ units of Nitrogen
\$15 Application cost of N
\$39 Non Gmo Corn
\$20 Planting Green
\$18 Herbicide(Includes Application)
\$35 Combing and hauling
\$399 Corn Cost of Production
Corn Hybrid yielded 160 bushel to the acre
Non Gmo Corn Market \$5 a bushel

## Net income \$401 an acre



## New for 2023



The First True Regenerative Product Bloody Butcher Corn
\$4 Over Chicago per Bushel TDN 88-91
Protien 8-14\%


## Which System is Better for the Environment?



## Soils Are Less Than 5ft Apart



Thank you! PN: 417-660-9207 Facebook: Macauley Kincaid


